

Ergebnisse

Ladenburger Waldparklauf

Hauptlauf 10km (Jg. 2001 und älter) (10km)

Start-

Nr.	ges.	m/w	AK	Teilnehmer	Altersklasse	Zeit
146	1	1	1	Kibrom, Issac LG Kurpfalz	M 30	00:33:07.4
170	2	2	1	Hassazadeh, Hakim engelhorn sports team / MTG mannheim	M	00:35:19.4
031	3	3	2	Burger-Scheidlin, Stefan	M	00:35:25.1
032	4	4	2	Nieser, Thomas TG Waldsee	M 30	00:35:45.1
191	5	5	3	Hassanzadeh, Ghafoor MTG Mannheim	M	00:36:28.9
009	6	6	3	Neuwirth, Filip LSV Ladenburg	M 30	00:36:43.4
003	7	7	1	Hahn, Tobias LSV Ladenburg	M 40	00:37:01.1
204	8	8	4	Neuwirth, Benjamin LSV Ladenburg	M	00:37:20.1
043	9	9	5	Thome, Simeon	M	00:38:23.1
180	10	1	1	Düppe, Lea	W	00:38:29.6
184	11	10	4	Frank, Christoph	M 30	00:38:31.4
212	12	11	2	Karl, Dirk TSG Grünstadt	M 40	00:39:35.9
112	13	12	1	Köstner, Horst Team Erdinger Alkoholfrei	M 60	00:40:10.4
071	14	13	3	Wadle, Michael	M 40	00:40:19.4
014	15	14	5	Roth, Andreas United Runners of Pfalz	M 30	00:40:21.7
090	16	15	6	Glattfelder, Simon LSV Ladenburg	M	00:41:02.4
074	17	16	7	Körner, Sebastian LSV Ladenburg	M	00:41:10.9
148	18	17	8	Gerhardy, Thomas LSV Ladenburg	M	00:41:13.4
033	19	18	6	Schindler, Mario	M 30	00:41:20.4
171	20	19	7	Specter, Tim Just for fun.	M 30	00:41:22.7
098	21	20	9	Billard, Idriss RTP Deutschland GmbH	M	00:41:27.7
207	22	21	1	Busch, Dietmar marathon-team ketsch	M 50	00:41:29.2
058	23	22	4	Mergl, Willi LSV Ladenburg	M 40	00:41:29.9
013	24	23	10	Agostin, Daniel LSV Ladenburg	M	00:41:30.9
211	25	2	1	Fleck, Franziska	W 40	00:41:39.2

Soprema Team SVMannheim						
100	26	24	8	Maître Meister, Hannes RTP Deutschland GmbH	M 30	00:42:18.4
218	27	25	5	Eschmann, Michael United Runners of Pfalz	M 40	00:42:21.2
061	28	26	11	Veit, Moritz LSV Ladenburg	M	00:42:36.9
001	29	27	6	Ohlhauser, Thorsten	M 40	00:42:48.1
073	30	3	2	Ziegler, Emilia Team SRH Campus Sports	W	00:42:50.4
072	31	28	7	Seidelmann, Andreas	M 40	00:42:51.7
129	32	29	8	Adam, Falk Neckarsulmer Sport-Union	M 40	00:43:05.1
036	33	30	2	Nürnbergger, Thomas	M 50	00:43:13.9
050	34	31	12	Korff, Norman LLG Wonnegau	M	00:43:16.7
026	35	32	9	Horn, Sven LSV Ladenburg	M 40	00:43:19.1
160	36	33	13	Hotak, Arman Arbeitskreis Flucht und Asyl Heddesheim/Ladenburg	M	00:43:40.9
185	37	34	3	Hofmann, Holger LSV Ladenburg	M 50	00:43:41.9
192	38	35	10	Neubauer, Thomas SV Seckenheim	M 40	00:43:42.4
040	39	36	14	Körner, Fabian LSV Ladenburg	M	00:43:46.4
186	40	4	2	Driemeyer, Silke	W 40	00:43:57.7
006	41	37	11	Boeke, Christian LSV Ladenburg	M 40	00:44:03.4
174	42	38	9	Orth, Sebastian TGV Schotten	M 30	00:44:22.4
162	43	39	15	Sarvary, Angar Arbeitskreis Flucht und Asyl Heddesheim/Ladenburg	M	00:44:26.9
206	44	40	10	Henn, Hannes-Steffen Team SRH Campus Sport	M 30	00:44:34.4
203	45	41	4	Milde, Martin AbC Management	M 50	00:44:40.2
067	46	5	1	Agethen, Relindis MTG Mannheim Triathlon	W 30	00:44:42.7
138	47	42	12	Brenner, Christian Brennr.de - Laufblog	M 40	00:44:48.4
048	48	43	11	Reinle, Jonas Sunday Jones	M 30	00:44:54.2
166	49	44	12	Hoffmann, Michael	M 30	00:44:54.9
119	50	45	1	Hauswirth, Felix Lauf AG Feudenheim Gymnasium Mannheim	U18m	00:44:57.7
141	51	46	5	Ter Veer, Jörg Heart Racer Team Heidelberg	M 50	00:45:07.2
164	52	47	6	Lindek, Steffen	M 50	00:45:15.9

029	53	48	7	Körner, Markus LSV Ladenburg	M 50	00:45:30.7
130	54	49	8	Wörns, René	M 50	00:45:32.4
142	55	6	1	Ter Veer, Mayla TSG 1899 Hoffenheim	U20w	00:45:32.5
222	56	50	13	Ehrhardt, Mariann marathon-team ketsch	M 40	00:45:47.4
066	57	7	2	Keinert, Anna-Maria MTG Mannheim Triathlon	W 30	00:45:54.7
039	58	51	13	Knöchel, Christian	M 30	00:45:57.7
216	59	52	9	Harslipenko, Alexander Lokomotive Maleinsk	M 50	00:46:14.7
015	60	8	3	Finckh, Sina LSV Ladenburg	W	00:46:16.7
178	61	53	10	Unterbarnscheidt, Nicolai	M 50	00:46:16.9
096	62	54	16	Grimm, Christopher RTP Deutschland GmbH	M	00:46:27.4
128	63	55	14	Stoll, Torsten	M 40	00:46:33.7
181	64	56	15	Benrath, Justus	M 40	00:46:37.7
081	65	57	11	Nullmeyer, Alfred SOS Marathonteam Schriesheim	M 50	00:46:43.9
210	66	58	14	Biswenger, Daniel	M 30	00:46:48.4
069	67	59	15	Strauß, Christopher Punching Lampertheim	M 30	00:46:49.4
209	68	60	17	Voth, Michael Just-for-fun running	M	00:46:53.9
083	69	61	16	Trojan, Thomas	M 40	00:47:01.2
187	70	62	12	Schwabe, Albrecht RSC Ladenburg	M 50	00:47:06.2
113	71	63	2	Schmich, Thomas LSV Ladenburg	M 60	00:47:21.2
190	72	64	17	Neumann, Dirk	M 40	00:47:32.2
024	73	65	16	Reutemann, Marcus	M 30	00:47:33.9
158	74	66	18	Noori, Naseer Arbeitskreis Flucht und Asyl Heddeshheim/Ladenburg	M	00:47:34.4
070	75	9	4	Batz, Linda	W	00:47:42.9
156	76	67	13	Rönz, Gerd ICL	M 50	00:47:49.2
123	77	68	14	Löcher, Thomas SC Poseidon Worms	M 50	00:47:55.2
030	78	69	19	Müller, Sebastian Sunday Jones	M	00:47:57.9
018	79	70	17	Hüller, Kai	M 30	00:48:00.7
049	80	71	1	Korff, Kenneth LLG Wonnegau	U20m	00:48:02.7
199	81	72	18	Harter, Ralf Heidelberg	M 40	00:48:10.4
169	82	10	5	Vormwald, Anne	W	00:48:12.9

				USC Heidelberg		
188	83	73	15	Kochendörfer, Uli	M 50	00:48:14.0
189	84	74	19	Hofmann, Bernd	M 40	00:48:22.7
064	85	75	20	Rengel, Juan	M 40	00:48:36.9
145	86	76	21	Mann, Steffen	M 40	00:48:48.4
				Mann on the run		
111	87	11	3	tendel, franziska	W 30	00:48:55.4
				Sportfreunde.blog		
114	88	77	18	Mücke, Andreas	M 30	00:49:12.9
				MFC 08 Lindenhof		
016	89	78	16	Rehmsmeier, André	M 50	00:49:15.2
				IRONMANHEIMER		
214	90	12	1	Zilm, Gundula	W 50	00:49:15.4
				Heidelberg		
155	91	79	19	Loew, Martin	M 30	00:49:22.4
				ICL		
017	92	80	3	Metzger, Dieter	M 60	00:49:24.2
				Team Roadrunner		
121	93	81	4	Gremmelspacher, Rainer	M 60	00:49:24.7
				MTG Mannheim Triathlon		
012	94	13	6	Beran, Katharina	W	00:49:31.2
				LSV Ladenburg		
183	95	82	17	Hörl, Stephan	M 50	00:49:35.7
173	96	14	2	Albat, Iris	W 50	00:49:40.9
				SG Stern Mannheim		
037	97	15	4	Wagner, Katharina	W 30	00:49:45.2
				LSV Ladenburg		
038	98	83	20	Schüßler, Uwe	M 30	00:49:45.7
				LSV Ladenburg		
107	99	84	22	Heitzer, Frank	M 40	00:49:50.2
093	100	85	23	Walker, Jörg	M 40	00:50:03.9
202	101	86	5	Peters, Jürgen	M 60	00:50:13.4
051	102	87	24	Neumann, Ralph	M 40	00:50:31.7
104	103	88	6	Velten, Lukas	M 60	00:50:31.8
				TV Rheinau 1893		
116	104	16	5	Winter, Carolin	W 30	00:50:34.7
197	105	89	18	Tomaszowski, Slawomir	M 50	00:50:36.3
010	106	90	25	Düpmann, Michael	M 40	00:50:47.4
				TG Heddesheim		
080	107	91	26	Vandermeulen, Guido	M 40	00:51:10.7
				TC Neckar Ilvesheim		
019	108	92	21	Pröll, Markus	M 30	00:51:25.2
122	109	93	27	Bott, Heiko	M 40	00:51:27.2
				SC Poseidon Worms		
127	110	94	19	Bauer, Peter	M 50	00:51:30.2
				LT - Seckenheim		
213	111	95	20	Uhlmann, Frank	M 50	00:51:35.4
				Soprema Team SVMannheim		

125	112	96	1	Hube, Erwin TV Schwetzingen	M 70	00:51:41.9
089	113	17	7	Salinger, Lara LSV Ladenburg	W	00:52:30.9
091	114	97	28	Gündling, Harald	M 40	00:52:38.4
101	115	98	21	Dieng, Birama LSV Ladenburg	M 50	00:52:42.4
151	116	18	6	Bißwanger, Bettina	W 30	00:52:45.9
150	117	19	8	Uhe, Jasmin Jettenburger Roadrunners	W	00:52:56.9
126	118	20	3	Gräber, Jutta AC Weinheim	W 50	00:53:01.7
118	119	99	7	Treiber, Karlheinz Lauf AG Feudenheim Gymnasium Mannheim	M 60	00:53:04.7
077	120	100	22	Maus, Manuel	M 30	00:53:13.9
175	121	21	9	Esch, Annette SV Nikar Heidelberg	W	00:53:14.4
054	122	22	3	Frau Erkelenz, Eva TSV 1846 Mannheim	W 40	00:53:23.7
219	123	101	20	Grabwitter, Max LSV Ladenburg	M	00:53:25.4
057	124	102	23	Peters, Timon Triathlon Oftersheim-Schwetzingen	M 30	00:53:31.4
117	125	103	8	Brauneis, Norbert Nairobi Running Team	M 60	00:53:42.9
159	126	104	21	Salarzai, Mohammad Israr Arbeitskreis Flucht und Asyl Heddeshheim/Ladenburg	M	00:54:04.7
052	127	105	22	Kohlbreuner, Hubert	M 50	00:54:07.7
082	128	106	29	Bialek, Michael ohne	M 40	00:54:11.7
135	129	107	23	Banacki, Roger SK 1962 Ladenburg e.V.	M 50	00:54:14.2
102	130	23	1	Gottermeier, Silvia Marathon - Team Ketsch	W 60	00:54:16.4
068	131	108	24	Braun, Rolf MTG Mannheim Triathlon	M 50	00:54:18.4
020	132	109	25	Hafenstein, Peter	M 50	00:54:20.7
078	133	24	4	Rühl, Wiebke	W 40	00:54:32.7
208	134	110	22	Lopez, Jorge Heidelberg Intern. School	M	00:54:40.4
149	135	111	30	Köhler, Thomas	M 40	00:54:41.7
179	136	25	4	Düppe, Christa	W 50	00:54:47.2
198	137	112	31	Dammköhler, Enrico Spiridon Mannheim	M 40	00:54:49.7
163	138	26	5	Brunner-Straub, Melanie Arbeitskreis Flucht und Asyl Heddeshheim/Ladenburg	W 40	00:54:52.2
124	139	113	24	Abt, Alexander	M 30	00:55:10.7
086	140	27	5	Rojas Carreno, Yolanda	W 50	00:55:12.9

137	141	114	32	Blank, Hannes memler.de	M 40	00:55:29.4
176	142	28	6	Buchauer, Anke Universitätsklinikum HD	W 40	00:55:31.4
201	143	115	33	Gückel, Jochen	M 40	00:55:33.4
157	144	29	6	Spatzier, Kristine	W 50	00:55:43.9
182	145	116	2	Benrath, Cornelius	U18m	00:55:55.2
200	146	117	2	Reuther, Gerhard	M 70	00:56:01.7
076	147	118	26	willer, andreas Willi-Racer	M 50	00:56:05.4
115	148	119	34	Frei, Andreas Ludwigshafener Lauf-Club	M 40	00:56:09.4
035	149	120	3	Stoppel, Karlheinz Spiridon Mannheim	M 70	00:56:09.7
079	150	121	27	Pfenning, Alf	M 50	00:56:13.2
161	151	122	23	Sahakzai, Aliahammad Arbeitskreis Flucht und Asyl Heddeshheim/Ladenburg	M	00:57:19.4
147	152	123	35	Bourdon, Renaud	M 40	00:57:52.7
059	153	124	24	Storch, Robin	M	00:57:56.9
075	154	30	10	Spiegel, Annika	W	00:57:57.4
134	155	31	7	Johannsen, Heidi	W 50	00:58:00.2
088	156	32	7	Salinger, Beate LSV Ladenburg	W 40	00:58:19.4
120	157	33	8	Gremmelspacher, Regina MTG Mannheim Triathlon	W 50	00:58:23.2
172	158	34	9	Werner, Sibylle Soprema Team TSV Mannheim	W 50	00:58:41.9
042	159	35	10	Lorentz, Ute	W 50	00:58:48.2
110	160	125	28	Steigerwald, Oliver Evangelischer Posaunenchor Ladenburg	M 50	00:58:56.7
133	161	36	11	Zeißner, Susanne LSV Ladenburg Leichtathletik	W 50	00:59:28.0
132	162	126	29	Zeißner, Ralf LSV Ladenburg Leichtathletik	M 50	00:59:28.2
153	163	37	2	Erbsland, Marianne LC DJK Mannheim	W 60	00:59:45.7
165	164	38	7	Keilbach, Linda	W 30	00:59:46.9
131	165	39	8	Warmuth, Susanne	W 40	01:00:07.0
154	166	40	9	Feil, Anke	W 40	01:00:08.7
097	167	127	36	Halling, John RTP Deutschland GmbH	M 40	01:00:20.7
168	168	128	30	Seubert, Roland SV 98-07 Seckenheim	M 50	01:00:23.9
095	169	41	11	Weber, Isabelle	W	01:00:30.2
045	170	129	37	Smirloglou, Dimitrios LSV Ladenburg	M 40	01:00:33.4
004	171	130	25	Göttlicher, Manuel LSV Ladenburg	M 30	01:00:34.5

109	172	42	12	Schmitt, Lara-Marie	W	01:00:37.2
094	173	43	13	Ciprut, Sara	W	01:00:38.2
217	174	44	10	Sosnowski, Heidi LSV Ladenburg	W 40	01:00:57.7
220	175	45	12	Stahl, Shirley FV03 Ladenburg Drachenboot	W 50	01:00:58.2
084	176	46	8	Lauf, Luv	W 30	01:01:09.2
085	177	131	31	Christlieb, Norbert	M 50	01:01:09.5
087	178	47	13	Stieglitz, Angela	W 50	01:01:46.9
144	179	132	32	Wohlfarth, Christoph Östringen	M 50	01:02:20.2
194	180	133	38	Barhoun, Ali MTG Mannheim Triathlon	M 40	01:02:44.2
041	181	48	11	Sperling, Daniela	W 40	01:03:18.7
092	182	49	14	Fraider, Evelyn WalzbachRunners	W 50	01:04:02.5
099	183	50	15	Sejak, Stefanie RTP Deutschland GmbH	W 50	01:04:17.7
143	184	51	9	Wilhelm, Daniela	W 30	01:04:27.7
139	185	52	12	Haase, Ilka	W 40	01:04:35.7
193	186	53	13	Neubauer, Stephanie SV Seckenheim	W 40	01:04:36.0
140	187	54	14	Liliane Zuchowski, Liliane	W 40	01:04:37.0
034	188	134	9	Altmann, Volker	M 60	01:05:11.7
022	189	135	26	Hoering, Moritz	M 30	01:05:16.0
177	190	136	39	Paterna, Peter Team rnv	M 40	01:05:18.2
167	191	55	16	Seubert, Gabriele SV 98-07 Seckenheim	W 50	01:05:37.5
044	192	56	17	Blüsch, Jutta	W 50	01:05:48.0
195	193	137	27	Zaidan, Aalaa MTG Mannheim Triathlon	M 30	01:06:21.7
152	194	57	15	Rabitsch, Alexandra	W 40	01:07:39.7
196	195	138	4	Welcher, Erich LSV Ladenburg	M 70	01:08:15.7
025	196	139	28	Keilbach, Stefan	M 30	01:08:33.0
060	197	140	29	Ehret, Andreas	M 30	01:09:26.5
056	198	58	10	Mosberger, Anne	W 30	01:13:40.5
027	199	141	40	Mader, Alfred LSV Ladenburg	M 40	01:22:13.9
205	200	142	41	Lichti, Sebastian ASL Robertsau	M 40	00:26:21.1
215	201	143	33	Fernandes, Ramon	M 50	00:30:07.1
007	202	59	3	Lörsch, Claudia LSV Ladenburg	W 60	00:20:48.4